

幫幫忙基金會 — 啟發希望，改變命運

成立於西元2001年，幫幫忙基金會是一個具有美國501(c)

(3)非營利組織執照的國際慈善組織，基金會的使命在於透過急難救助、貧困單親媽媽就業技能培訓以及年長者無家收容所方式幫助貧困社區獲得所需援助。

美國無家遊民與低收入社區援助計畫.

美國，是一個土地肥沃、物產豐富的國家。各種族的人們努力與奮鬥在這個土地上茁壯與成長。然而卻仍有許多不幸的人於社會陰暗角落掙扎，由於種種問題而失去他們的家園，一貧如洗。

幫幫忙基金會成立於2001年，我們透過與緊急遊民收容所、就業協助中心、食物銀行等非營利機構的合作，每年在加州與紐約地區協助數千位遊民與貧寒家庭，以提供冬衣、熱餐、街頭發放、佳節送禮、贊助學用品、上班正式套裝等方式將溫暖送到許多貧寒家庭。在協助過程中，看到遊民家庭流落街頭，只能睡在汽車、廢棄大樓或破舊巴士裡，也看到高齡92歲的雙胞胎姊妹由於年紀大無法工作而被趕出居住多年的公寓，在這個富裕的國家有這種現象，實在是很不幸的事情。

根據美國全國遊民家庭研究中心2011年報告中指出：每一萬個美國人之中便有21位是無家遊民。其中少數遊民(26%)

是因為精神疾病而無法就業，另外約有19%有職業；但因薪水不足生活而須暫時居住街頭，其它則包含退休老兵、年長者、被家暴的婦女與小孩、破碎家庭的青少年、疾病患者、更有許多失業或法拍屋族群。

儘管部分遊民能獲得暫時安置，由於政府大量刪減社會福利項目，許多人仍無法獲得即時的幫助。因此來自社區人士的善心幫助尤其重要。以洛杉磯市而言，低收入房屋總數遠低於需要人口，申請者需等候七年到十年才能有機會入住；在等候期間這些弱勢家庭便須自己設法在街頭生存。

「錦上添花」不如「雪中送炭」，經濟寒冬更需要送暖給飢寒的家庭，扶一把讓他們能夠再度站起來。請您將善心化為實際的行動，讓我們一同對抗貧窮帶來的不幸。



2011年感恩節為800為遊民提供傳統火雞晚餐

一個人的力量能為世界帶來改變，一群人的努力能為世界帶來希望與奇蹟。請加入我們共同面對全球飢餓與貧窮的問題！

美國共有三百五十萬的無家人口，其中每晚只有約七十三萬遊民能在政府或慈善組織協助下有一個棲息所。

更多資料，請參考我們的網站www.simplyhelp.org或來電213-626-7676

欲捐款，請網站捐款或是將支票郵寄到
SimplyHelp Foundation 121 S.
Hope Street, #406, Los Angeles, CA
90012

歡迎您成為義工或是加入我們的Facebook

SIMPLYHELP FOUNDATION

CHANGING LIVES, ONE HEART AT A TIME

Founded in 2001, SimplyHelp is a 501(c) (3) nonprofit organization, dedicated to relieving poverty by providing emergency disaster relief, empowering the underprivileged through vocational training, and providing shelter for the homeless elderly.



December 2011 Holiday Distribution for 3000 children of low-income families in Arcadia, California.

One person *can* make a difference, and many people working together can accomplish miracles.

Please consider joining forces with us to fight world hunger and poverty.

Each year, 3.5 million Americans experience homelessness. On any given night, 730,000 homeless are in the homeless support service network.

For more information, please visit www.simplyhelp.org or call 213-626-7676. You can also join us on Facebook.

To donate, you can visit us online at www.SimplyHelp.org, or mail a check to **SimplyHelp Foundation at 121 S. Hope Street, #406, Los Angeles, CA 90012**

Helping Homeless and Low-Income Families.

The United States is a fortunate country, with many natural resources and opportunities. It has been a magnet for people from many ethnic backgrounds, seeking the American Dream. However, even in a country like the United States, there are still many less fortunate people hiding in the shadows, struggling every day for their basic survival needs.

Since 2001, SimplyHelp has partnered with emergency homeless shelters, workforce centers and food banks to aid homeless communities in New York and Los Angeles. Each year our team has distributed winter jackets, hot meals, holiday gifts, and work-wear to thousands of families struggling with hunger and poverty. The fact is that many Americans are resigned to living in their cars, abandoned buildings or on the streets. One of our saddest cases is two 92-year-old twin sisters who were evicted from their apartment because they could not find jobs to support their rent.

According to the 2011 report of The National Alliance to End Homelessness, there are now 21 homeless for every 10,000 Americans. Approximately 26% of these homeless are chronically ill with mental health issues, and 19% are actually employed. The others are a mix of veterans, elderly, domestic violence victims, women, children, youths, AIDs patients, the unemployed, or people who have lost their homes in foreclosure.

Even though there are temporary shelters available, the majority of our homeless are still not receiving many basic survival needs. The demands for charity help have increased due to recent cuts made in many governmental homeless programs. There is often a long waiting list to receive homeless support services.

Charity begins at home. It is time for each of us to help care for our neighbors and communities that are struggling. Please consider taking action now to help us in our battle against poverty and homelessness.